

- Preface p. xvii
- Chapter 1 Background Information p. 1
 - Industry Orientation p. 1
 - Regulations and Court Rulings in the United States p. 1
 - Structured Cabling Systems (SCS) p. 8
 - Codes, Standards, and Regulations p. 33
 - Codes Affecting Telecommunications p. 34
 - Standards Affecting Telecommunications p. 38
 - Recognized Regulatory and Reference Bodies p. 48
 - Plans and Specifications p. 54
 - Media p. 66
 - Connectorization p. 85
 - Transmission p. 103
 - Copper Cable Media p. 107
 - Optical Fiber Cable Media p. 115
 - Grounding and Bonding p. 117
 - Protection Systems p. 126
 - Telecommunications Grounding Practices p. 144
 - Telecommunications Bonding Practices p. 147
 - System Practices p. 152
 - Equipment Grounding p. 160
 - Telecommunications Circuit Protectors p. 160
 - Protector Technology p. 162
 - Primary Protector Installation Practices p. 164
 - Common Safety Practices p. 164
 - Personal Protective Equipment (PPE) p. 176
 - Hazardous Environments--Indoor p. 182
 - Electrical Hazards p. 183
 - Hazardous Environments--Outdoors p. 193
 - Safety Planning p. 193
- Appendix A Job-Site Inspection Checklist p. 195
 - Professionalism p. 196
- Chapter 2 Planning p. 203
 - Introduction p. 203
 - Putting the Plan to Use p. 217
 - Summary p. 223
- Appendix A Designer's Drawings p. 224
- Appendix B Materials List p. 225
- Appendix C Labor List p. 226
- Appendix D Project Time Line p. 227
- Appendix E Project Schedule p. 228
- Appendix F Site Survey Checklists p. 229
- Appendix G Job Change Order p. 231
- Appendix H Scope of Work (Example) p. 232

- Chapter 3 Installing Supporting Structures p. 237
- Introduction p. 237
- Support Structures in Telecommunications Spaces p. 238
- Cable Pathway Support Structures p. 258
- Installing Cable Support Systems p. 281
- Installing Grounding Infrastructure p. 289
- Chapter 4 Pulling Cable p. 301
- Introduction p. 301
- Common Project Procedures p. 301
- Cable Pulling Setup (Horizontal) p. 310
- Pulling Horizontal Cable in Conduit p. 315
- Pulling Horizontal Cable in Ceiling Spaces p. 323
- Pulling Horizontal Cable in Raceways p. 326
- Pulling Backbone in Vertical Pathway--From Top Down p. 329
- Pulling Backbone in Vertical Pathway--From Bottom Up p. 338
- Pulling Backbone--Horizontal p. 346
- Pulling Optical Fiber Cable p. 350
- Chapter 5 Firestopping p. 357
- Introduction p. 357
- Protection Codes and Ratings p. 358
- Firestopping Systems p. 363
- Firestopping Methods p. 370
- Appendix A UL Numbering System p. 374
- Appendix B Firestopping Decision Methods p. 375
- Appendix C Approved Firestopping Methods p. 376
- Chapter 6 Cable Termination Practices p. 395
- Introduction p. 395
- Pretermination Functions p. 396
- Copper Insulation Displacement Connection (IDC) Termination p. 401
- Coaxial Cable Terminations p. 418
- Fiber Termination p. 421
- Chapter 7 Splicing Cable p. 427
- Copper Cable p. 427
- Optical Fiber Cable p. 444
- Summary p. 453
- Chapter 8 Testing Cable p. 455
- Testing Cabling p. 455
- Copper Cabling--Horizontal Cabling p. 460
- Backbone Cabling p. 474
- Coaxial Cabling--Data p. 475
- 50-Ohm Coaxial Cabling p. 476
- 75-Ohm Coaxial Cabling p. 479
- Optical Fiber Cable p. 480
- Testing Optical Fiber Cabling--Light Source and Power Meter p. 482

- Light Source and Power Meter Testing of Short Length Cable Assemblies p. 488
- Optical Time Domain Reflectometer (OTDR) p. 489
- Appendix A Fiber Performance Calculations Worksheet p. 517
- Appendix B Fiber Link Attenuation Record p. 518
- Chapter 9 Troubleshooting p. 519
 - Introduction p. 519
 - General Reference p. 519
 - Copper Cable p. 530
 - Optical Fiber Cable p. 544
- Appendix A Typical OTDR Fault Presentations p. 555
- Chapter 10 Retrofit Installations p. 559
 - Overview p. 559
 - System Cutover p. 586
- Glossary p. 593
- Numbers p. 593
- Definitions p. 594
- Abbreviations, Acronyms, and Units of Measure p. 631
- Bibliography p. 639
- Index p. 643