

## Table of Contents

- 1 Exercise of personal and collective efficacy in changing societies Albert Bandura
- 2 Life trajectories in changing societies Glen Elder
- 3 Developmental analysis of control beliefs August Flammer
- 4 Impact of family processes on self-efficacy Klaus A. Schneewind
- 5 Cross-cultural perspectives on self-efficacy beliefs Gabriele Oettingen
- 6 Self-efficacy in educational development Barry Zimmerman
- 7 Self-efficacy in career choice and development Gail Hackett
- 8 Self efficacy and health Ralf Schwarzer and Reinhard Fuchs
- 9 Self-efficacy and alcohol and drug abuse Alan Marlatt and John S. Baer and Lori A. Quigley