- 1 The Human Body: An Orientation (p. 1)
- An Overview of Anatomy and Physiology (p. 2)
- Levels of Structural Organization (p. 2)
- **Maintaining Life** (p. 7)
- Homeostasis (p. 9)
- The Language of Anatomy (p. 11)
- 2 Basic Chemistry (p. 21)
- Concepts of Matter and Energy (p. 22)
- Composition of Matter (p. 23)
- Molecules and Compounds (p. 27)
- Chemical Bonds and Chemical Reactions (p. 30)
- Biochemistry: The Chemical Composition of Living Matter (p. 36)
- 3 Cells and Tissues (p. 55)
- Part 1 Cells (p. 56)
- Overview of the Cellular Basis of Life (p. 56)
- Anatomy of a Generalized Cell (p. 56)
- Cell Physiology (p. 66)
- Part 2 Body Tissues (p. 77)
- Epithelial Tissue (p. 78)
- Connective Tissue (p. 81)
- Muscle Tissue (p. 85)
- Nervous Tissue (p. 86)
- Tissue Repair (Wound Healing) (p. 86)
- Developmental Aspects of Cells and Tissues (p. 87)
- 4 Skin and Body Membranes (p. 95)
- Classification of Body Membranes (p. 96)
- Integumentary System (Skin) (p. 98)
- Developmental Aspects of Skin and Body Membranes (p. 111)
- 5 The Skeletal System (p. 116)
- **Bones: An Overview** (p. 116)
- Axial Skeleton (p. 124)
- Appendicular Skeleton (p. 138)
- **Joints** (p. 145)
- **Developmental Aspects of the Skeleton** (p. 153)
- **6 The Muscular System** (p. 161)
- Overview of Muscle Tissues (p. 162)
- Microscopic Anatomy of Skeletal Muscle (p. 166)
- Skeletal Muscle Activity (p. 168)
- Muscle Movements, Types, and Names (p. 175)
- Gross Anatomy of Skeletal Muscles (p. 181)
- Developmental Aspects of the Muscular System (p. 194)
- 7 The Nervous System (p. 201)
- Organization of the Nervous System (p. 203)
- Nervous Tissue: Structure and Function (p. 204)
- Central Nervous System (p. 215)
- Peripheral Nervous System (p. 229)

- Developmental Aspects of the Nervous System (p. 243)
- **8 Special Senses** (p. 251)
- The Eye and Vision (p. 252)
- The Ear: Hearing and Balance (p. 264)
- Chemical Senses: Taste and Smell (p. 270)
- Developmental Aspects of the Special Senses (p. 273)
- 9 The Endocrine System (p. 279)
- The Endocrine System and Hormone Function--An Overview (p. 280)
- The Major Endocrine Organs (p. 283)
- Other Hormone-Producing Tissues and Organs (p. 300)
- Developmental Aspects of the Endocrine System (p. 300)
- **10 Blood** (p. 307)
- Composition and Functions of Blood (p. 308)
- **Hemostasis** (p. 315)
- **Blood Groups and Transfusions** (p. 318)
- Developmental Aspects of Blood (p. 321)
- 11 The Cardiovascular System (p. 327)
- Cardiovascular System: The Heart (p. 328)
- Cardiovascular System: Blood Vessels (p. 339)
- Developmental Aspects of the Cardiovascular System (p. 360)
- 12 The Lymphatic System and Body Defenses (p. 367)
- Lymphatic System (p. 368)
- Lymphatic Vessels (p. 368)
- **Lymph Nodes** (p. 369)
- Other Lymphoid Organs (p. 371)
- **Body Defenses** (p. 372)
- Nonspecific Body Defenses (p. 373)
- Specific Body Defenses: The Immune System (p. 377)
- Developmental Aspects of the Lymphatic System and Body Defenses (p. 396)
- 13 The Respiratory System (p. 403)
- Functional Anatomy of the Respiratory System (p. 404)
- Respiratory Physiology (p. 411)
- Respiratory Disorders (p. 422)
- Developmental Aspects of the Respiratory System (p. 424)
- 14 The Digestive System and Body Metabolism (p. 431)
- Part I Anatomy and Physiology of the Digestive System (p. 432)
- Anatomy of the Digestive System (p. 432)
- Developmental Aspects of the Digestive System and Metabolism (p. 468)
- Functions of the Digestive System (p. 445)
- Part II Nutrition and Metabolism (p. 456)
- **Nutrition** (p. 456)
- **15 The Urinary System** (p. 479)
- Kidneys (p. 480)
- Ureters, Urinary Bladder, and Urethra (p. 489)
- Fluid, Electrolyte, and Acid-Base Balance (p. 491)
- Developmental Aspects of the Urinary System (p. 497)

- 16 The Reproductive System (p. 503)
- Anatomy of the Male Reproductive System (p. 504)
- Male Reproductive Functions (p. 508)
- Anatomy of the Female Reproductive System (p. 511)
- Female Reproductive Functions and Cycles (p. 516)
- Appendixes
- Mammary Glands (p. 520)
- Survey of Pregnancy and Embryonic Development (p. 522)
- Developmental Aspects of the Reproductive System (p. 529)
- Appendix A Word Roots, Prefixes, and Suffixes (p. 539)
- Appendix B Periodic Table of the Elements (p. 542)
- Appendix C Key Information about Vitamins and Many Essential Minerals (p. 543)
- Appendix D A.D.A.M. Correlations (p. 545)
- Photography and Art Credits (p. 551)
- **Glossary** (p. 553)
- **Index** (p. 564)