

# **Table of contents**

- **Preface**
- **Classification of Biological Structures**
- **Digestion and Absorption**
- **Nutrients that Resist or Escape Digestion**
- **Regulation of Energy Metabolism**
- **Energy Requirement**
- **Lipids**
- **Protein**
- **Vitamins**
- **Inorganic Nutrients**
- **Appendix A Nutrition Methodology**
- **Appendix B Cloning and Dot Blots**
- **Subject Index**