

- **Preface** (p. ix)
- **Section 1 Test-Taking and Study Strategies Guide**
- **Chapter 1 Inside the USMLE Step 1 Exam** (p. 3)
- **Chapter 2 Study Techniques** (p. 19)
- **Chapter 3 Tackling the Exam** (p. 25)
- **Chapter 4 Physical and Mental Preparation** (p. 33)
- **Chapter 5 Summary Pointers** (p. 37)
- **Section 2 Qbook Practice Tests**
- **Anatomy (Gross Anatomy, Neuroanatomy, Embryology, Histology)**
- **Test One** (p. 43)
- **Test One Answers and Explanations** (p. 51)
- **Test Two** (p. 65)
- **Test Two Answers and Explanations** (p. 73)
- **Physiology**
- **Test One** (p. 87)
- **Test One Answers and Explanations** (p. 97)
- **Test Two** (p. 111)
- **Test Two Answers and Explanations** (p. 121)
- **Biochemistry**
- **Test One** (p. 133)
- **Test One Answers and Explanations** (p. 143)
- **Test Two** (p. 159)
- **Test Two Answers and Explanations** (p. 171)
- **Microbiology/Immunology**
- **Test One** (p. 187)
- **Test One Answers and Explanations** (p. 197)
- **Test Two** (p. 213)
- **Test Two Answers and Explanations** (p. 223)
- **Pathology and Pathophysiology**
- **Test One** (p. 239)
- **Test One Answers and Explanations** (p. 249)
- **Test Two** (p. 263)
- **Test Two Answers and Explanations** (p. 273)
- **Test Three** (p. 287)
- **Test Three Answers and Explanations** (p. 297)
- **Test Four** (p. 311)
- **Test Four Answers and Explanations** (p. 319)
- **Test Five** (p. 333)
- **Test Five Answers and Explanations** (p. 341)
- **Pharmacology**
- **Test One** (p. 355)
- **Test One Answers and Explanations** (p. 365)
- **Test Two** (p. 379)
- **Test Two Answers and Explanations** (p. 389)
- **Behavioral Science and Biostatistics**
- **Test One** (p. 403)

- **Test One Answers and Explanations** (p. 413)
- **Test Two** (p. 425)
- **Test Two Answers and Explanations** (p. 435)