

Ch-01: water.-

Ch-02: Lipids.-

Ch-03: Amino acids and proteins.-

Ch-04: Carbohydrates.-

Ch-05: Minerals.-

Ch-06: Colors and food colorants.-

Ch-07: Flavor.-

Ch-08: Texture.-

Ch-09: Vitamins.-

Ch-10: Enzymes.-

Ch-11: Fruits and Vegetables.-

Ch-12: Herbs and Spices.-

Ch-13: Beer and wine.-

Ch-14: Transgenic crops.-

Ch-15: Additives and contaminants.